



# **MEDICAID MATTERS** *to Me*

## **After Losing a Job, Medicaid Helped Man Find His Footing Again**

Before Medicaid, I struggled with managing my health, getting access to a doctor, and being able to be treated for some major health and mental health issues. I wasn't able to afford prescriptions that I needed either.

**Since enrolling in Medicaid, I am living a much healthier life.**

I am able to treat my high blood pressure, cholesterol, and get help for my mental health. Since I lost my job—and the insurance that came with my job—life had been a struggle. I didn't know how I was going to manage paying anything, much less afford going to the doctor. I don't know what I would do without Medicaid. I do know that being able to stay healthy is making it easier for me to continue looking for a job and stay positive in the interim.



**Through storytelling, we reduce stigma  
and build connections.**

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