

## Alexandra (Alex) Helvin | Outreach and Enrollment Navigator



Alex Helvin joined The Community HealthCare Association of the Dakotas in May 2024 as the outreach and enrollment navigator, where she plays a crucial role in assisting and educating community members regarding their eligibility for assistance and insurance programs, focusing on enhancing access to healthcare coverage for underserved populations in South Dakota.

Prior to coming to CHAD, Alex worked in care-related field the entirety of her career. From childcare teacher and director, to therapy assistant, to children with special needs. She previously was conducting audits for in-home childcare centers ensuring compliance with federal feeding program standards. Working and connecting with others from all demographics is something Alex has a strong passion for.

Alex is a graduate from South Dakota State University with a B.S. in Human Development and Family Studies. She is on the Board of Directors for The Transformation Project Advocacy Network which strives to make South Dakota a more equitable place.

She is married and a mom of four, and adopted their oldest two kids through foster care and have their own set of biological boy/girl twins. Her family also has two dogs, two cats, and their family loves to travel. Their family of six traveled in an RV for a year exploring the west coast. In her spare time, she enjoys spending time with her family and friends, trying new things/places, kayaking, and event planning.