

Brianna Monahan, RDN

*Diabetes Prevention and Control Program Coordinator, North Dakota Department of Health*

Brianna Monahan is a registered dietitian nutritionist and serves as the diabetes prevention and control program coordinator for the North Dakota Department of Health. In her current role, Brianna works to expand and support diabetes self-management education programs and the National Diabetes Prevention Program throughout North Dakota. She aims to reduce the burden of diabetes and improve the quality of life for all North Dakotans with or at risk for developing the disease. Having worked in various clinical and community settings, Brianna has focused her career on empowering people to lead happier, healthier lives through lifestyle changes.