



## BRIDGET BEACHY, PSYD

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*Co-Principal, Beachy Bauman Consulting, PLLC*

Dr. Bridget Beachy is a licensed psychologist and consultant dedicated to integrating behavioral health care services into medical settings. Dr. Beachy is currently the co-principal at Beachy Bauman Consulting, PLLC, and the director of behavioral health at Community Health of Central Washington, where she practices as a behavioral health clinician (BHC) and enjoys delivering clinical services to patients of all ages.

Dr. Beachy has experience training interdisciplinary professionals (e.g., BHCs, medical providers, nurses, senior leadership, directors) and students in integrated care as well as Acceptance and Commitment Therapy (ACT) and Focused ACT (fACT). She presents internationally, nationally, and at the state and local levels. Dr. Beachy has a passion for consulting with both organizations and individuals alike regarding the integration of behavioral health services into medical settings.